

NEWSLETTER 1: MARCH 2023

Please distribute to all your committees and schools.

1. REGIONAL COMMITTEE STRUCTURES

All Regions must check that their own house is in order. Schools in regions must get more involved in their committees. Regional committees must be properly constituted – Boys, Girls and Primary sub-committees **and** a combined committee of all three (all affiliated to Senior Regional Federation).

There must be at least a chairperson, a secretary, and portfolio representatives for Rules & Technical and High Performance. If funds are held by this combined committee, a treasurer would be essential. This combined committee must have at least the chairs of Boys, Girls and Primary sub-committees.

Committees must make objective decisions on coaches, managers and selectors. Use outsiders, where possible, especially as selectors.

Note: *There have been problems with selections in regions/provinces. Don't forget to use experienced people (knowledgeable about the modern game) in your region.*

ALL REGIONS MUST SUBMIT A REGIONAL REPORT BEFORE THE AGM IN OCTOBER 2023.

All regional committee structures need to mirror the SASHOC structure:

- Chairperson
- Vice Chairperson
- Secretary
- Treasurer
- HP/Coaching/Selection/Modified Hockey
- Rules and Technical
- Events/ Trials
- Transformation (can be included in any of the above)
- Additional members can be co-opted if needed.

2. AGE GROUPS 2023

Please note the age groups for 2023 to be adhered to for all SASHOC Events.

Age Group	Born during or after
Under 12	2011 & 2012
Under 13	2010 & 2011
Under 14	2009 & 2010
Under 16	2007 & 2008
Under 18	2005 & 2006

INTER-SCHOOL MATCHES

1. Our recommendation is that no player may play more than one age group above their own.
2. In schools with ONE team only this must be managed by the coach where safety of players MUST be a priority. **(See annexure on next page)**
3. In most regions, Under 19 players (born in 2004) may play in their school open teams.
4. Recommendation (for Inter-School teams in 2023)

<u>Age Group</u>	<u>Born in years (only)</u>	<u>Needs indemnity</u>
Under 9	2014 & 2015	u.8
Under 10	2013 & 2014	u.9
Under 11	2012 & 2013	u.10
Under 12	2011 & 2012	u.11
Under 13	2010 & 2011	u.12
Under 14	2009 & 2010	u.13
Under 16	2007 & 2008 & 2009	u.14 & u.15
Under 18	2005 & 2006 & 2007	u.16 & u.17

ANNEXURE

- I. Schools with ONE TEAM only must ensure that indemnity forms are signed by the parent and school giving permission that the player may participate outside the recommended age policy guidelines and exonerating liability from the Regional and National structure of SASHOC.
- II. Where there is an exception outside the recommended age policy guidelines the necessary indemnity forms must be signed by the parent and school giving the player permission to compete outside the recommended age policy guidelines and exonerating liability from the Regional and National structure of SASHOC.

III. U14 Players in primary schools ruling:

1. Players who turn 14 during the year and still a registered learner at the Primary school may participate in the interschool games.
2. With the proviso that the opposing school principals agree that not more than two (2) u.14's are on the field at the same time.
3. The safety of the learners should be our main concern and the coaches must monitor this during the game.
4. In the event that the Governing Body of a Primary school does not allow u.14's to participate, the u.14 is regarded in the same way as a learner that is home schooled or attending a school that does not offer hockey.
5. u.14 still in Primary School may participate in the u.14 trials of the Region / Province.

IV. Player participation

1. No player who plays in the High school league, although u.13 may participate in the Primary school leagues.
2. An u.13 High School learner is allowed to trial in Primary School u.13 trials, but cannot go to the u.14 trials in the same year.
3. This is especially true for Comprehensive schools having grade 1-12 (all the grades) and playing in different school terms.
4. These Primary School players may participate in the u.14 trials at the High School in their Region / Province.
5. No player may play in two SASHOC representative regional/ provincial tournaments/events in the same year. (Normally June/July)
6. If a learner is home schooled or if their school does not offer hockey they should be allowed to play at a school in the district. The parent needs to make all the arrangements with the SGB/ Principal of the identified school. The written permission must be copied to the School Hockey Committee of the Region / District who will inform the members of the Region / District.
7. A learner is allowed to attend the Region /District trials if his/her school has no hockey team and is sent by a club affiliated to the Hockey structure in the Region / District.

3. EVENTS 2023

National Events, HP camps and SA camp and matches:

There will be High Performance Camps immediately after the u.18 & u.16 (Boys and Girls) events in July. These camps will take place in Bloemfontein. Final arrangements will be forwarded to all regions.

Age group	Venue		Dates
U18 Boys and Girls	Bloemfontein	Register	Saturday 24 June
		Play	Sunday 25 June – Friday 30 June
U17 HP camp B&G	Bloemfontein		Friday 30 June – Monday 3 July
		Depart	Tuesday 4 July
U13 Boys and Girls	Bloemfontein	Register	Saturday 1 July
		Play	Sunday 2 July – Wednesday 5 July
U18 SA teams B&G	Bloemfontein	Arrive	Thursday 6 July
		Camp	Thursday 6 July – Tuesday 11 July

		Matches	Sunday 9 July – Tuesday 11 July
U16 Boys and Girls	Bloemfontein	Register	Thursday 6 July
		Play	Friday 7 July - Wednesday 12 July
U16 HP camp B&G	Bloemfontein		Wednesday 12 July – Saturday 15 July
		Depart	Sunday 16 July

2023 National Event entries

Entries for the 2023 National Events are determined from the placings at the 2022 events which are as follows:

	Boys U13	Girls U13		Boys U16	Boys U18	Girls U16	Girls U18
	A Section	A Section		A Section	A Section	A Section	A Section
1	KZN Coastal	WP	1	KZN Coastal A	WP A	S Gauteng A	SFS A
2	EP	EP	2	KZN Inland A	KZN Coastal A	KZN Coastal A	WP A
3	WP	KZN Coastal	3	WP A	KZN Inland A	SFS A	Amathole
4	S Gauteng	S Gauteng	4	Boland A	SFS A	S Gauteng B	Boland A
5	N Blues	SFS	5	S Gauteng A	S Gauteng A	WP A	S Gauteng A
6	KZN Inland	N West	6	N Blues A	EP A	Boland A	N Blues A
7	Amathole	KZN Inland	7	SFS A	Boland A	Amathole A	KZN Coastal A
8	Boland	N Blues	8	S Gauteng B	Amathole A	EP A	EP A
	B Section	B Section	9	WP B	WP B	N Blues A	NFS A
9	North West	Mpumalanga	10	KZN Inland B	KZN Coastal B	Boland B	KZN Inland A
10	Eden	Amathole	11	Amathole	KZN Inland B	EP B	Mpumalanga
11	Mpumalanga	Boland	12	KZN Coastal B	N Blues A	KZN Coastal B	S Gauteng B
12	SFS	E Gauteng		B Section	B Section	B Section	B Section
13	Limpopo	NFS	13	EP A	S Gauteng B	Mpumalanga	Boland B
14	E Gauteng	Limpopo	14	N Blues B	N Blues B	KZN Inland	SFS B
15	N Cape	Eden	15	Mpumalanga	Boland B	WP B	Limpopo
16	NFS	N Cape	16	EP B	Mpumalanga	Limpopo	WP B
17			17	Boland B	E Gauteng	N Blues B	EP B
18			18	N Cape	N Cape A	SFS B	E Gauteng
19			19	Limpopo	Limpopo	E Gauteng	KZN Coastal B
20			20	N West	Eden	N West	N West
21			21	Eden	NFS	NFS	N Blues B
22			22	E Gauteng	N Cape B	Eden	N Cape
23			23	NFS	N West	N Cape	Eden
24			24	SFS B	SFS B	Amathole B	Amathole B

All provinces/regions had to confirm these entries to Kurt Nero. kurtnero24@gmail.com.

Further details of these events and all regional events will be sent out in a newsletter by Kurt Nero (Exco member in charge of events) Also, please make sure your managers are kept informed of everything pertaining to events (National and Regional).

Please note that

1. No player may play in more than one SASHOC event.
2. No player may play in a Provincial team and a Regional team.
3. No player may play in more than one age group (provincial/regional)
4. Teams flying to an event MUST sort out their own transport to and from fields/accommodation.
5. **TRANSFORMATION POLICY:**
All teams attending National Events (u.18 and u.16 Boys and Girls) and Regional Events (u.18, u.16 and u.14 Boys and Girls) must have **a minimum of EIGHT (8) persons of colour** in a team of 16 players.

Under 13 National or Regional Events must have **a minimum of SEVEN (7) persons of colour** in a team of 14 players).
6. Code of conduct for our players:
Medication must be checked for banned substances by your doctor or chemist. The onus is on the player to inform the manager of any medication that the player is taking during the time of the event.
8. Clause 3.1 was added to our constitution in October 2016:
SASHOC supports the playing of sport in South Africa free of performance-enhancing drugs. In all matches played at schools (Under 18 and below) as well as any events under the auspices of SASHOC, any medication taken by players must not be banned substances.
9. **No region may send a team to a Regional Event if no team is sent to a National Event.**

FOREIGN NATIONALS

1. Foreign Nationals may play in Provincial/Regional teams **BUT ARE NOT** included as players of colour in these teams.
2. **ONLY South African Nationals** will be considered for National u.18 or u.16 teams as per SA Transformation policy.



HOCKEY FIVES

SASHOC will be holding its first ever National Hockey Fives Event in the September/October school holidays this year. The format (age group/s, regional or provincial teams, etc.) will be published at a later stage. The venue will also be confirmed as soon as possible.

INDOOR HOCKEY

SASHOC will be holding its first ever National Indoor Hockey Event in the latter part of the year. The format (age groups, regional or provincial teams, etc) will be published at a later stage. The venue will also be confirmed as soon as possible.

4. HIGH PERFORMANCE CAMPS AND SA TEAMS

On the entry form for the IPT's, players need to indicate their availability for the SA team and HP camps.

u.18 SA Teams:

The team will be announced immediately after the finals of the u.18 IPT at the prize giving.

18 Boys and 18 Girls will be selected. These players will return home to rest.

They need to report back in Bloemfontein by **Thursday 6 July**.

All SA team players need to pay **R1 000** for the camp. All transport to and from the SA Camp will be for the players' costs.

u.17 HP Camp:

The team will be announced immediately after the finals of the u.18 IPT at the prize giving.

18 Boys and 18 Girls will be selected.

These players will stay behind in Bloemfontein till **Tuesday 4 July**

All HP camp attendees need to pay **R1 000** for the camp.

All transport to the IPT and return from the camp to home will be for the players' cost.

SASHOC will assist in changing the transport arrangements.

u.16 HP Camp:

The team will be announced immediately after the finals of the u.16 IPT at the prize giving.

18 Boys and 18 Girls will be selected.

These players will stay behind in Bloemfontein till **Sunday 16 July**.

All HP camp attendees need to pay **R1 000** for the camp.

All transport to the IPT and return from the camp to home will be for the players' cost.

SASHOC will assist in changing the transport arrangements.



5. RULES AND TECHNICAL

The SASHOC R&T portfolio holders are:

Niki Fourie Niki@sashoc.co.za ; nicky.fourie65@gmail.com

Chris Gerber chrisgerber1991@gmail.com

Joy Pieterse joypieterse@telkmosa.net

They will be in direct contact with the R&T portfolio holders on the various regional committees.

All teams entered for an event **MUST** be accompanied by an umpire.

To have umpires of the required standard at our events, every region sending a team to National Events must nominate suitably qualified umpires. For National Events, these umpires need to be nominated as criteria apply.

All nominations will have to be liaised through the regional R&T portfolio holder on the regional committees. A list of previous recommendations will be made available to the regions. Recommendations from the u.13 IPT need to be considered for regional tournaments.

Please note that not all nominated umpires will be appointed. Regions who do **not** nominate umpires will be subject to a fine of **R1 500** (to be paid by the region to SASHOC). In the event that no nominations from the region is acceptable as per minimum criteria, another umpire will be allocated to the province. Umpires closest to the venue will take preference to be allocated to this region. The fine of **R1 500** will then need to be paid to SASHOC to cover transport for this umpire.

All other costs for IPT umpires will be included in the tournament levy.

For regional tournaments, the region is responsible for all costs for the umpire.

Regions must also take responsibility for the coaching of umpires as they prepare for the events in June/July.

Nominations for umpires for the IPT's for 2023 needs to be done by **21 April 2023** by following the link that will be sent on the R&T whatsapp group. Please contact Niki.

All nominated umpires **must** be actively involved in their regions. Nominations will be verified against qualifications as to be at the required standard. The final list of nominations will be checked with the various regional R&T portfolio holders to rectify.

Age groups	Minimum required level	Highest grading that can receive at tournament
u.13 IPT	Level 0	Mini level 1
u.16 IPT	Mini level 1 or Level 1	Level 1 (progression in L1)
u.18 IPT	Level 1	Level 2

(REMINDER) In 2019 some new Hockey Rule Interpretations were established by the FIH. The **SAHA Rules and Technical Committee** and **SASHOC Rules and Technical Committee** highlighted the following compulsory interpretations for the 2019 season and beyond.



I. Regarding the new “**chukka**”(quarters) rule, SASHOC has agreed to the following resolutions:

The format for the national events will be as follows:

- Chukkas will be 15 minutes long.
- The break period between chukka 1 and 2 will be 2 minutes.
- The break period between chukka 2 and 3 will be 5 minutes.
- The break period between chukka 3 and 4 will be 2 minutes.
- Time will not be stopped for penalty corners.

Time will be followed rigidly. When a break is over, the whistle will be blown, and time will start. The team taking the hit may begin play, regardless of whether the opposition is ready.

II. Regarding **removal of the option of a team playing with a player with goalkeeping privileges** rule: SASHOC agreed to the following resolutions:

Teams have now two options: they may choose to play with a goalkeeper who wears full protective equipment comprising at least headgear, leg guards and kickers and who is also permitted to wear goalkeeping hand protectors and other protective equipment, or they play with only field players.

III. Regarding **defending a free hit within the 5m area** rule:

It has now been made clear that players other than the attacker taking the free hit must be at least five metres away, including when they are in their own circle. They must make a concerted effort to quickly move into an acceptable position. If the attacker however chooses to take the free hit immediately, then defenders who are inside the circle and within five meters from the ball may shadow the inside of the circle as per the explanation of the rule before 2019.

IV. Regarding **defensive free hits inside the circle** rule:

As in Indoor Hockey, a defender may now take a free hit awarded in the circle anywhere inside the circle, or up to 15 meters from the back-line in line with the location of the offence, parallel to the side-line.

V. Regarding the new **completion of the penalty corner** rule, SASHOC has agreed to the following resolutions:

Rule 13.6 that described the completion of a penalty corner for substitution purposes and for a penalty corner at the end of a period, has been deleted. The option that a penalty corner is completed when the ball travels outside the circle for the second time, no longer exists.

A penalty corner is completed when the ball travels 5 metres outside the circle and all other situations detailed in rule 13.5 of the 2019 FIH rule book.

These amendments came **into effect in 2019**.

6. WINTER GAMES

In 2023 this will be an **u.13 High Performance Development team**.

All players must be U.13 (born 2010) and be full time scholars at a Primary School. Players must preferably be from Quantile 1,2 and 3 schools.

The National Schools Sport Championships (Winter Games) will be held during the June holidays in 2023. This will be organised by the Department of Sport, Art and Culture (DSAC) and dates and venues will be confirmed by them. SASHOC takes no responsibility for the Winter Games being cancelled as Teams need to be selected as per Provincial demarcation determined by the SA Government.

Team size: 15 players, manager, coach and umpire. (for each team)

Transformation: All teams attending must have **a MINIMUM of EIGHT (8) players of colour**.

7. SAFEGUARDING

A National conference will be held in JHB over the weekend of 10-11 March. Facilitators will be trained to “role out” the Safeguarding programme to all regions.

8. AWARDS

Regions/Provinces are encouraged identify persons in their regions to award Meritorious Service awards at Provincial and Regional levels so that those who have done exceptional service at regional level can be recognised.

Meritorious service mainly in their Region/Province.

Any person who has done amazing service within Regions/Provinces for more than (or close to) 20 years.

AND/OR

Meritorious service – National.

Any person who has done consistent service at NATIONAL level for 10 or more years (Executive/Mancos, Selector, National Under 18 Coach or Manager, Technical Officials (Umpiring, etc.).

These will be awarded during the AGM in October 2023. Please note we hope that we will not miss anyone who deserves it. So we need the help of Regional/Provincial committees, etc.

Please send your nominations by email to Mari Schnehage (mari@sashoc.co.za) and Wendell Domingo (wendelldomingo18@gmail.com) by **31 August 2023**.